

# **LANIE'S STORY**

From age three, when she'd circle the pool to chat, Lanie had a way of engaging people.

She grew into a vivacious, fun-loving adult with "an amazing way," as a friend said, "of making people feel amazing."

Whether inviting nervous freshmen to join her, or surprising coworkers with treats, Lanie charmed complete strangers with her giving nature.

She put her heart into everything, from cooking to playing and coaching sports.

A passionate foodie, she won a chef contest at 18. Lanie's energy, exuberance and giant, contagious smile inspired classmates, teammates, and the young players she coached.

"She left us the playbook on how to live," said friends. "We want to be like Lanie when we grow up."

Lanie was riding her bike home from work in Richmond, Virginia when she was struck by a driver who was texting. A life was lost way too soon by a preventable crash. Please share the road in memory of Lanie.



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ALL ROAD USERS have the right to feel safe when traveling on our roadways. Show respect when sharing the road and follow these tips to make sure everyone gets home safely to their loved ones.

# **PEDESTRIAN TIPS**

- Cross at corners and intersections.
  Use marked crosswalks where available
- Before crossing look left, right, then left again
- Use the pedestrian buttons where available and begin crossing the street on the walk signal
- Be especially visible at night and in inclement weather
- Watch out for vehicles turning right on red
- Use sidewalks or walk facing traffic where there are no sidewalks
- When stepping off a bus, allow it to proceed before crossing to ensure a clear sight line
- Eliminate all distractions
- Walking while impaired by alcohol or drugs increases your crash risk.

#### P Did you know in Virginia...

- Males are more likely to be involved in pedestrian crashes than females
- October, November, and December are the most prevalent months for pedestrian crashes
- 6pm to midnight are the most fatal hours for pedestrians

### **BICYCLIST TIPS**

- Drive with the flow, in the same direction as the traffic
- Obey street signs, signals, and road markings, just like a vehicle
- Use a properly fitted helmet on every ride
- Wear reflective clothing and use reflectors on the front and rear of your bicycle
- Look ahead for hazards or situations to avoid
- Avoid distractions like using your phone and listening to music
- Slow down and look for cars turning or backing out of driveways
- Be aware of pedestrians
- Biking while impaired by alcohol or drugs increases your crash risk.

#### P Did you know in Virginia...

- Males are more likely than females to be involved in a bicycle crash
- 46 years and older are the most fatal ages for bicycle crashes
- Bicycle crashes increase during warmer weather months

## **DRIVER TIPS**

- Stop for pedestrians in marked crosswalks and at intersections
- Slow down and obey the posted speed limits
- Stop and look for pedestrians and bicyclists before turning
- Do not pass vehicles stopped for people crossing in crosswalks and at intersections
- Do not block or park in crosswalks
- Allow 3 feet when passing other vulnerable road users, such as people on bikes, scooters, wheelchairs, and those running, walking, or working on the side of the road
- Eliminate all distractions
- Drive sober

